

A Rough Time

By Dr. R. Pletsch



The last few years, we have seen a drastic change in how the youth are acting in and out of school. While the results have not been easy for many to accept, how did we get here? I received a book for Christmas "The Codding of the American Mind" by Greg Lukinoff and Jonathan Haidt. Greg is a professor at New York University and is considered a First Amendment specialist. Jon is well published, a Social Psychologist authoring many articles and considers himself a moral, cultural researcher.

This book is a good guide for anyone who would like to look at what they produced: A. the cause and B. ways to combat these individual items you might not agree with. You may understand or disagree with the activities. It has always been my hope to give our readers the information and materials not always read to help you make your own opinion on issues of the day. I hope that those of you who want to explore this book on your own without me editorializing. I, therefore, will use one of the methods my past professors used over the years. Take them to the water, but let them decide whether to drink or move on.

One of the exceptional parts of the book is, it possesses an extensive bibliography of references. This means they are giving other people's opinions about the various articles. If you will be reading this book to decide to receive the full picture, warning it is about 300 pages -- most academic books are not short.

A few chapter titles you might find interesting are: 1 The untruth of fragility: what doesn't kill you makes you weaker. 2. The untruth of emotional reasoning: always trust your feelings. and 3. The untruth of us versus them: life is a battle between good and evil people. I hope some of you decide to read this book and it can strengthen your mental capacity.